

2021 US Air Force Academy
Armed Services Blood Program Blood Drive



AIM HIGH | SAVE LIVES

DONATE BLOOD

September 28-30 | 0800-1700

Field House Concourse , 2169 Field House Dr

Make Appointment at militarydonor.com | Code: **USAFA-CO**

Contact Information: Tracy Parmer

cheryl.t.parmer.civ@mail.mil | 210-216-7167

Mask required inside at the drive.



MISSION CRITICAL

Make it Your Mission to Save lives

DONATE BLOOD

ASBP
Armed Services Blood Program

CAN I DONATE BLOOD?

General Guidelines:

18 or older | Weigh 116 pounds or more | Be free of cold/flu symptoms for at least 3 days.



Common Medical Deferral Questions:

- Tattoos from most states only require a 7-day wait. Tattoos overseas or the following states require a 3 month wait: Connecticut, District of Columbia, Georgia, Idaho, Maryland, Massachusetts, Nevada, New Hampshire, New Mexico, New York, North Dakota, Oklahoma, Pennsylvania, Puerto Rico, U.S. Virgin Islands, Utah & Wyoming.
- Most medications are acceptable, including aspirin, blood pressure or cholesterol medications, birth control, antidepressants, pain medications, etc. If you are taking antibiotics for an infection, you must wait 72 hours after your last dose.
- Wait 4 weeks after an MMR or Varicella vaccine, 3 weeks for Smallpox vaccine, no wait for Moderna or Pfizer coronavirus vaccines, two weeks for Johnson & Johnson and 12 months for coronavirus vaccines given as part of an investigational study.



Common Travel Deferral Questions:

- Donors who have been to Afghanistan, Djibouti and Niger must wait 3 months. Visits to Kuwait, Qatar and Morocco do not require any wait time.
- Donors who were south of Seoul, Korea may donate immediately, but donors who traveled north of Seoul for more than 24 hours must wait 3 months.
- Indefinitely ineligible if:
1980-1996 in the UK more than 3 months
1980-2001 in France or Ireland 5 years or more cumulatively, ask for specifics.

*We need everyone who
CAN donate to do their part!*

